

# MUSKOKA DANCE ACADEMY - DANCE STUDIO PROTOCOL

We will treat our Dance Studio as if EVERYONE is asymptomatic. We will keep a physical distance of at least SIX feet. We will keep our facility and equipment sanitized and clean as often as possible. We will endeavour to Combat COVID-19 Aggressively so we can Continue to Live our BEST DANCE LIFE!

## PLEASE DO NOT COME TO CLASS IF:

- \*You have any symptoms (fever, runny nose, cough, sore throat, shortness of breath)
- \*You have been exposed to someone who may be COVID-19 positive
- \*You have travelled outside the Country in the last 14 days



### 1) Pre-Wellness Check

Please be sure to have your Pre-Wellness Health Check completed through the Javelin Sport App and submitted by a Parent or Guardian prior to arriving at the Dance Studio

### 2) Arrive Already Dressed for Class

There are no areas for changing clothes or dressing for dance classes. Please come with your dance wear already on underneath your outdoor attire

### 3) Spatial Distance:

Wait safely in a car or outside the building for an MDA Staff Member to welcome you 10mins prior to class

### 4) On Site Wellness Check and Screening:

Answer the questions presented to you through Javelin Sport at the door and have your temperature taken digitally (100.4 max)

### 5) Hand Sanitize:

Make sure your hands are free to HAND SANITIZE before you enter the building and journey through the common areas to the MDA Dance Studio Facility

### 6) Remove Outdoor Shoes and belongings:

Once inside the MDA Facility, remove all unnecessary belongings and outdoor shoes, place them in a sealed bag and hang them on a hook or place them in a designated bin



### 7) Be Patient:

If classrooms are not ready to welcome students, please wait in a designated "Safe Chair" until you are called

### 8) Hand Sanitize:

When it is time to enter your Dance Class please HAND SANITIZE

### 9) Personal Rest Space:

Each Dancer will be designated an area inside the Dance Room where they will place their dance bag, sip water, and have personal time to rest

### 10) Personal Dance Space:

Each Dancer will be designated a Personal 8x7 "Safe Space" to move, dance, laugh and learn. Please always remember to PHYSICALLY DISTANCE and WEAR A MASK



### 11) Dance Your Heart Out:

Enjoy your dance class with confidence and pride! Wear a Mask and HAND SANITIZE!

### 12) Gather your Belongings:

When Dance Class is done, one at a time, dancers will be asked to exit the studio, they must HAND SANITIZE before they journey through the Common areas with absolutely NO passing others in the Halls or Common Areas. Traffic must move one way. HAND SANITIZE again before exiting the building.